

Autumn 2018

Choose our **daily packed lunch** with a sandwich or roll with a range of fillings, healthy snack, home baked cake and piece of fruit.

w/c 3rd Sept, 24th Sept, 15th Oct, 5th Nov, 26th Nov, 17th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	✓ Vegetarian Brunch Handmade vegetable pattie, frittata, beans & tomato	✓ Cauliflower & Broccoli Cheese with herby bread	✓ Quorn Roast with gravy & potatoes	✓ Mini Cheese Pinwheel with chips & tomato sauce	✓ Homemade Pizza vegetarian toppings
	▲ Brunch (Meat) Handmade pork pattie, frittata, beans & tomato	▲ Beef Lasagne	▲ Roast Chicken with stuffing, gravy & potatoes	Golden Fish Fingers (Cod & Salmon) with chips	▲ Homemade Pizza meat toppings
	Pineapple Upside Down Cake	Tutti Frutti Tuesday Strawberry Mousse & fruit	Cheese & Crackers with fruit	Winter Sponge	Apple Flapjack

w/c 10th Sept, 1st Oct, 22nd Oct, 12th Nov, 3rd Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 2	✓ Sweet Potato & Chickpea Curry with wholemeal rice	✓ Cheese, Potato & Leek Bake with baked beans	✓ Shepherdess Hotpot with gravy	✓ Quorn Meatball Sub with homemade tomato sauce	✓ Homemade Pizza vegetarian toppings
	▲ Pork Sausage with mash & gravy	▲ BBQ Chicken Burrito	▲ Roast Pork with gravy & potatoes	Battered Fish with chips	▲ Homemade Pizza meat toppings
	Carrot Muffin	Tutti Frutti Tuesday Yoghurt, fruit & crunchy toppings	Fruit Crumble with custard	Chocolate Crunch	Sultana and Oat Cookie with fruit slices

w/c 27th Aug, 17th Sept, 8th Oct, 29th Oct, 19th Nov, 10th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 3	✓ Homemade Vegetable Burger with oven baked wedges	✓ Vegetable Lasagne	✓ Quorn Toad in the Hole with gravy & potatoes	✓ Cheese & Bean Wrap with chips	✓ Homemade Pizza vegetarian toppings
	▲ Homemade Beefburger with oven baked wedges	▲ Chicken & Vegetable Pie with mash	▲ Roast Turkey with stuffing, gravy and potatoes	Golden Fish Fingers (Cod & Salmon) with chips	▲ Homemade Pizza meat toppings
	Shortbread Biscuit with fruit slices	Tutti Frutti Tuesday Yoghurt, fruit & crunchy toppings	Apple & Banana Cake with custard	Winterberry Cheesecake	Jamaican Ginger Cake Option 1b

We offer **seasonal vegetables, bread, yoghurt and fruit daily.**
(allergy information is available)

Served Daily

A baked jacket potato with a choice of toppings



▲ Meat
 ✓ Veggie
 ◆ Jacket Potato
 ■ Packed Lunch



BUBBLE