


PE Skills Document – Year 2

TERM OF COVERAGE  SKILLS ↓	Autumn Term	Spring Term	Summer Term
Team Games Pass a ball, bean bag or tag in a team game, working collaboratively. Develop simple tactics for attacking and defending			
Throwing/Catching/Striking a Ball Stop or catch a projectile, such as a bean bag or ball. Hit with a bat or racket. Over-arm/under-arm throw			
Tactics Use a range of simple tactics to aid attacking and defending.			
Dance Perform movements to express ideas, emotions or feelings and repeat dance phrases. Perform a simple dance or movement sequence to a small group, expressing ideas, emotions or feelings.			
Athletics Skills Run a short distance with co-ordination and speed. Throw a projectile over arm. Jump from one foot, landing on the opposite foot or both feet. Jump for height/distance Hop			
Gymnastics Skills Balance and move over, under and through apparatus. Line balance Create a variety of shapes with the body. Identifies well-performed moves.			
Development Identifies a simple goal in PE and can talk about how they could achieve it.			