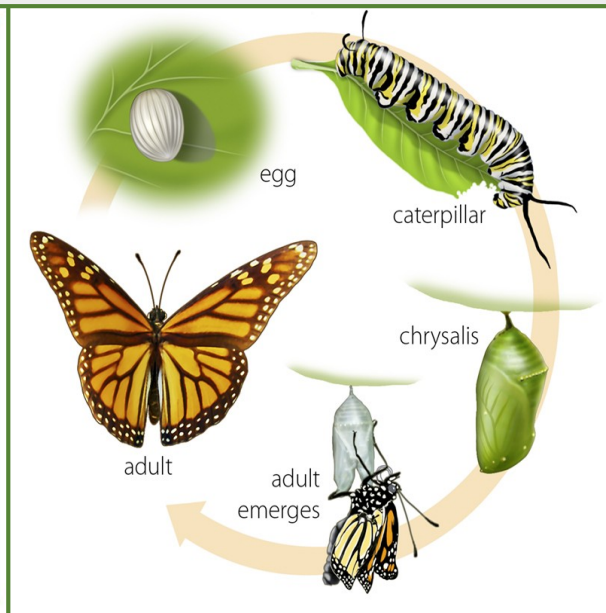
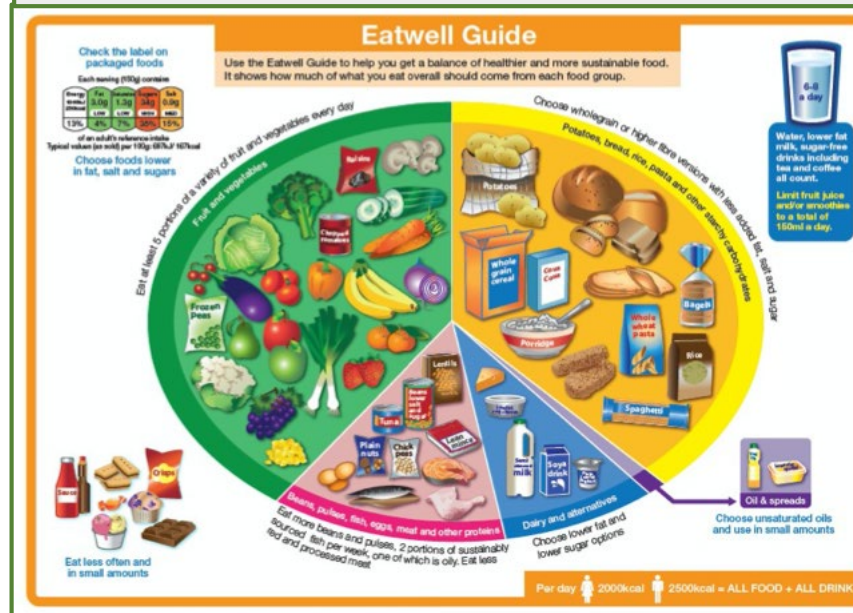


What? (Key Knowledge)	
<b>Growth</b>	
Growth in animals	<ul style="list-style-type: none"> <li>Animals become older and change as time passes</li> </ul>
3 examples of animal growth	Egg > chick > chicken Egg > caterpillar > pupa > butterfly Spawn > tadpole > frog
Example of Human growth	Baby > toddler > child > teenager > adult
<b>Survival</b>	
Things animals need to survive	Water Food Air Shelter
<b>Human Survival</b>	
Things humans need to survive	Water Food Air Shelter
Things humans need to be healthy	<ul style="list-style-type: none"> <li>To have a balanced diet of the right amount of different types of food and drink.</li> <li>To exercise regularly.</li> <li>To be hygienic.</li> </ul>
What is a balanced diet?	<ul style="list-style-type: none"> <li>See the Eatwell Guide (<a href="http://www.nhs.uk/Livewell/Goodfood/Documents/The-Eatwell-Guide-2016.pdf">http://www.nhs.uk/Livewell/Goodfood/Documents/The-Eatwell-Guide-2016.pdf</a>)</li> <li>Drink 6-8 cups/glasses of fluids each day</li> </ul>
What is regular exercise?	<ul style="list-style-type: none"> <li>Adults need to be active for at least 150 minutes each week</li> <li>Children aged 5 to 16 need to be active for at least 60 minutes each day</li> <li>Children under 5 need 3 hours of activity a day</li> </ul>
What is good hygiene?	To maintain daily personal hygiene, you should make sure: <ul style="list-style-type: none"> <li>your hands are washed after you've used the toilet</li> <li>your private parts are washed every day</li> <li>your face is washed daily</li> <li>you're fully bathed or showered at least twice a week</li> <li>your teeth are brushed twice a day</li> </ul>

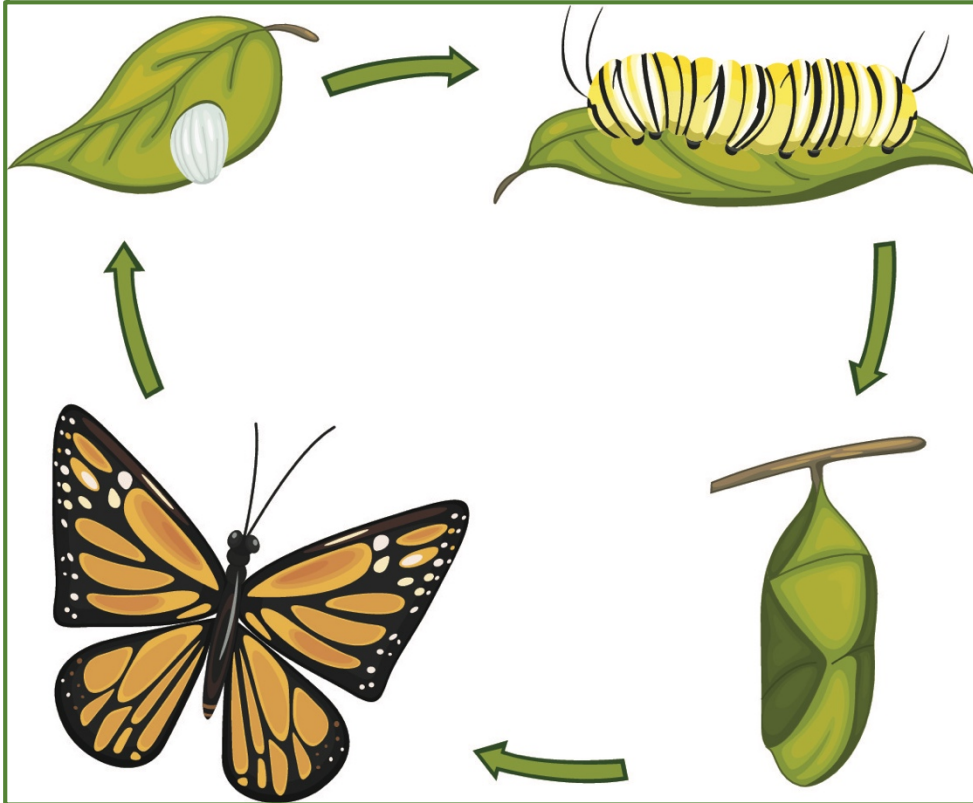
What? (Key Vocabulary)	
Spelling	Definition/Sentence
Offspring	A person or animal's child or children
Growth	The process of getting bigger
Pupa	An insect that is about to turn into an adult
Baby	A very young child
Toddler	A young child that is just beginning to walk
Child	A young person below the age of 13
Teenager	A person aged between 13 and 19
Adult	A grown up
Fluids	A liquid

Take it further at home...
<ul style="list-style-type: none"> <li>Try finding and classifying animals in different environments</li> <li>Have a look online at songs that help children recall the main parts of the body</li> <li>Explore different senses through blind taste feasts, touchy feely bags, going somewhere new and writing down everything you can hear and see!</li> <li>Match the words with the body part</li> <li>Fill in the vocabulary chart – try and do this from memory with them!</li> </ul>

### Diagram and symbols



Label the diagram with the correct stage of the butterfly's life cycle.



### What? (Key Vocabulary)

Spelling	Definition/Sentence
Offspring	
	The process of getting bigger
	An insect that is about to turn into an adult
Baby	
	A young child that is just beginning to walk
Child	
	A person aged between 13 and 19
Adult	
Fluids	A liquid

