

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Year 1	Lesson 1: H11 & H12 Feelings Vocabulary pg45 1.4	Lesson 1: R7 Ella's first day pg58 3.5	Lesson 1: L6 & L4 Hands in a circle pg72 5.1	Lesson 1: H29 & H31 & H30 Jigsaw	Lesson 1: H21 Backpack affirmation pg49 1.11	Lesson 1: L10 Jigsaw
	Lesson 2: H13 Cola bottle pg70 4.9	Lesson 2: R9 Recipe for friendship pg58 3.3 & discussion about how to ask for help	Lesson 2: R2 & R3 Jigsaw	Lesson 2: H1 & H10 Jigsaw	Lesson 2: H26 & H25 Jigsaw	Lesson 2: L11 & L15 Jigsaw
	Lesson 3: H14 & H15 Conflict- being stubborn pg68 4.5 & discussion about other emotions	Lesson 3: R21 & 12 Recipe for friendship pg58 3.3	Lesson 3: R1 discussion	Lesson 3: H7 Jigsaw/ external visitor	Lesson 3: R15 & R18 Jigsaw	Lesson 3: H27 All in the imagination pg50 1.13 (link what's on the other side of the door to Year 2)
			Zones of Regulation lessons 1-4 in Week 1 & Lessons 5, 6, 7	Zones of Regulation lessons 8, 9, 10	Zones of Regulation lessons 11, 12, 13, 14	Zones of Regulation lessons 15, 16, 17, 18
Milestones:						
Lesson 1: H11. about different feelings that humans can experience H12. how to recognise and name different feelings	Lesson 1: R7. about how to recognise when they or someone else feels lonely and what to do R24. how to listen to other people and play and work cooperatively	Lesson 1: L6. to recognise the ways they are the same as, and different to, other people L4. about the different groups they belong to	Lesson 1: H29. to recognise risk in simple everyday situations and what action to take to minimise harm H31. that household products (including medicines) can be harmful if not used correctly H30. about how to keep safe at home (including around electrical appliances) and fire safety (e.g. not playing with matches and lighters)	Lesson 1: H21. to recognise what makes them special	Lesson 1: L10. what money is; forms that money comes in; that money comes from different sources	
Lesson 2: H13. how feelings can affect people's bodies and how they behave	Lesson 2: R9. how to ask for help if a friendship is making them feel unhappy	Lesson 2: R2. to identify the people who love and care for them and what they do to help them feel cared for R3. about different types of families including those that may be different to their own	Lesson 2: H1. about what keeping healthy means; different ways to keep healthy H10. about the people who help us to stay physically healthy	Lesson 2: H26. about growing and changing from young to old and how people's needs change H25. to name the main parts of the body including external genitalia (e.g.	Lesson 2: L11. that people make different choices about how to save and spend money L15. that jobs help people to earn money to pay for things	

					vulva, vagina, penis, testicles)	
Lesson 3: H14. how to recognise what others might be feeling H15. to recognise that not everyone feels the same at the same time, or feels the same about the same things	Lesson 3: R21. about what is kind and unkind behaviour, and how this can affect others R10. that bodies and feelings can be hurt by words and actions; that people can say hurtful things online R12. that hurtful behaviour (offline and online) including teasing, name-calling, bullying and deliberately excluding others is not acceptable; how to report bullying; the importance of telling a trusted adult	Lesson 3: R1 about the roles different people (e.g. acquaintances, friends and relatives) play in our lives	Lesson 3: H7. about dental care and visiting the dentist; how to brush teeth correctly; food and drink that support dental health	Lesson 3: R15. how to respond safely to adults they don't know R18. about the importance of not keeping adults' secrets (only happy surprises that others will find out about eventually)		Lesson 3: H27. about preparing to move to a new class/year group

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Year 2	Lesson 1: H22 Blow your own trumpet pg45 1.3 & H23 discussion	Lesson 1: R22 A cake for everyone pg74 5.5	Lesson 1: H3 Jigsaw	Lesson 1: R4 Jigsaw	Lesson 1: H33, 35, 36 & 37 Jigsaw	Lesson 1: L3 & 2 Jigsaw
	Lesson 2: H16 Feelings Vocabulary pg45 1.4 & H17 discussion	Lesson 2: R6 Recipe for friendship pg58 3.3	Lesson 2: H4 Jigsaw	Lesson 2: R20 Feelings vocab pg45 1.4 (starter) What do you need pg53 2.6 & discussion	Lesson 2: H32 & H28 Jigsaw	Lesson 2: L5, L12, L13 & L16 Jigsaw
	Lesson 3: H18 & H19 Cola bottle pg70 4.9 & H24 discussion	Lesson 3: R8 What is conflict? Pg67 4.3	Lesson 3: H6 & H8 Jigsaw	Lesson 3: R18 & R19 Jigsaw	Lesson 3: H20 Jigsaw	Lesson 3: H27, R25 & L17 Jigsaw
	Zones of Regulation lessons 10, 11, 12, 13 in Week 1 & 14, 15, 16	Zones of Regulation lessons 17, 18				
Milestones:						
	Lesson 1: H22. to recognise the ways in which we are all unique H23. to identify what they are good at, what they like and dislike	Lesson 1: R22. about how to treat themselves and others with respect; how to be polite and courteous	Lesson 1: H3. about how physical activity helps us to stay healthy; and ways to be physically active everyday	Lesson 1: R4. to identify common features of family life	Lesson 1: H33. about the people whose job it is to help keep us safe H35. about what to do if there is an accident and someone is hurt H36. how to get help in an emergency (how to dial 999 and what to say) H37. about things that people can put into their body or on their skin; how these can affect how people feel	Lesson 1: L3. about things they can do to help look after their environment L2. how people and other living things have different needs; about the responsibilities of caring for them
	Lesson 2: H16. about ways of sharing feelings; a range of words to describe feelings H17. about things that help people feel good (e.g. playing outside, doing things they enjoy, spending time with family, getting enough sleep)	Lesson 2: R6. about how people make friends and what makes a good friendship	Lesson 2: H4. about why sleep is important and different ways to rest and relax	Lesson 2: R20. what to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of	Lesson 2: H32. ways to keep safe in familiar and unfamiliar environments (e.g. beach, shopping centre, park, swimming pool, on the street) and how to cross the road safely	Lesson 2: L5. about the different roles and responsibilities people have in their community L12. about the difference between needs and wants; that sometimes people may not always be able to

				<p>keeping trying until they are heard</p> <p>R5. that it is important to tell someone (such as their teacher) if something about their family makes them unhappy or worried</p>	<p>H28. about rules and age restrictions that keep us safe</p>	<p>have the things they want</p> <p>L13. that money needs to be looked after; different ways of doing this</p> <p>L16. different jobs that people they know or people who work in the community do</p>
<p>Lesson 3:</p> <p>H18. different things they can do to manage big feelings, to help calm themselves down and/or change their mood when they don't feel good</p> <p>H19. to recognise when they need help with feelings; that it is important to ask for help with feelings; and how to ask for it</p> <p>H24. how to manage when finding things difficult</p>	<p>Lesson 3:</p> <p>R8. simple strategies to resolve arguments between friends positively</p> <p>H9. about different ways to learn and play; recognising the importance of knowing when to take a break from time online or TV</p>	<p>Lesson 3:</p> <p>H6. that medicines (including vaccinations and immunisations and those that support allergic reactions) can help people to stay healthy</p> <p>H8. how to keep safe in the sun and protect skin from sun damage</p>	<p>Lesson 3:</p> <p>R18. about the importance of not keeping adults' secrets (only happy surprises that others will find out about eventually)</p> <p>R19. basic techniques for resisting pressure to do something they don't want to do and which may make them unsafe</p>	<p>Lesson 3:</p> <p>H20. about change and loss (including death); to identify feelings associated with this; to recognise what helps people to feel better</p>	<p>Lesson 3:</p> <p>H27. about preparing to move to a new class/year group</p> <p>R25. how to talk about and share their opinions on things that matter to them</p> <p>L17. about some of the strengths and interests someone might need to do different jobs</p>	

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Year 3	Lesson 1: H27 It's good to be me pg45 1.3	Lesson 1: R10 All of us and one of us pg57 3.2	Lesson 1: L6 Peace begins with me pg72 5.2 (wider community focus rather than school focus)	Lesson 1: R1 & R9 Jigsaw & discussion	Lesson 1: H2 Jigsaw	Lesson 1: L25 Backpack affirmation pg49 1.11
	Lesson 2: H36 All of us and one of us pg 57 3.2 & discussion	Lesson 2: R10 Recipe for friendship pg58 3.3	Lesson 2: L7 Big Question 'How can one person make a difference? Pg79	Lesson 2: R32 Hands in a circle pg72 5.1	Lesson 2: H3 & H1 Jigsaw	Lesson 2: L28 Jigsaw
	Lesson 3: H19 Feelings Vocabulary pg45 1.4 (starter) H18 what do you need? Pg 53 2.6	Lesson 3: R10 Goldilocks pg66 4.1	Lesson 3: H41 & H38 Jigsaw & discussion	Lesson 3: R7 Jigsaw	Lesson 3: H23 Jigsaw	Lesson 3: L17 Jigsaw
	Zones of Regulation lessons 10, 11, 12, 13 in Week 1 & 14, 15, 16	Zones of Regulation lessons 17, 18				
Milestones:						
Lesson 1: H27. to recognise their individuality and personal qualities	R10. about the importance of friendships; strategies for building positive friendships; how positive friendships support wellbeing	Lesson 1: L6. about the different groups that make up their community; what living in a community means	Lesson 1: R1. to recognise that there are different types of relationships (e.g. friendships, family relationships, romantic relationships, online relationships) R9. how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice	Lesson 1: H2. about the elements of a balanced, healthy lifestyle	Lesson 1: L25. to recognise positive things about themselves and their achievements; set goals to help achieve personal outcomes	
Lesson 2: H36. strategies to manage transitions between classes and key stages		Lesson 2: L7. to value the different contributions that people and groups make to the community	Lesson 2: R32. about respecting the differences and similarities between people and recognising what they have in common with others e.g. physically, in personality or background	Lesson 2: H3. about choices that support a healthy lifestyle, and recognise what might influence these H1. How to make informed decisions about health	Lesson 2: L28. about what might influence people's decisions about a job or career (e.g. personal interests and values, family connections to certain trades or businesses, strengths	

						and qualities, ways in which stereotypical assumptions can deter people from aspiring to certain jobs)
	<p>Lesson 3: H18. about everyday things that affect feelings and the importance of expressing feelings H19. a varied vocabulary to use when talking about feelings; about how to express feelings in different ways;</p>		<p>Lesson 3: H41. strategies for keeping safe in the local environment or unfamiliar places (rail, water, road) and firework safety; safe use of digital devices when out and about H38. how to predict, assess and manage risk in different situations</p>	<p>Lesson 3: R7. to recognise and respect that there are different types of family structure (including single parents, same-sex parents, step-parents, blended families, foster parents); that families of all types can give family members love, security and stability</p>	<p>Lesson 3: H23. about change and loss, including death, and how these can affect feelings; ways of expressing and managing grief and bereavement</p>	<p>Lesson 3: L17. about the different ways to pay for things and the choices people have about this</p>

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Year 4	Lesson 1: H19 Feelings Vocabulary pg45 1.4 (starter) H18 Anh's Anger pg70 4.8	Lesson 1: R11: R18 Recipe for friendship pg58 3.3	Lesson 1: H19 Feelings Vocabulary pg45 1.4 (starter) H18 Anh's Anger pg70 4.8	Lesson 1: H7 Jigsaw	Lesson 1: H39 Jigsaw	Lesson 1: L26 Jigsaw
	Lesson 2: H28 & H29 discussion	Lesson 2: R14 One word story pg74 5.7	Lesson 2: H28 & H29 discussion	Lesson 2: H4 & H5 Jigsaw	Lesson 2: H40 Jigsaw	Lesson 2: L20 Jigsaw
	Lesson 3: R31 Blow your own trumpet pg45 1.3 & discussion	Lesson 3: R13 Ella's first day pg58 3.5	Lesson 3: R31 Blow your own trumpet pg45 1.3 & discussion	Lesson 3: H11 Jigsaw/ external visitor	Lesson 3: L2 & L3 Rights & Responsibilities pg 56 2.9	Lesson 3: L18 Jigsaw
	Zones of Regulation lessons 10, 11, 12, 13 in Week 1 & 14, 15, 16	Zones of Regulation lessons 17, 18				
Milestones:						
	Lesson 1: H18. about everyday things that affect feelings and the importance of expressing feelings H19. a varied vocabulary to use when talking about feelings; about how to express feelings in different ways;	R11. what constitutes a positive healthy friendship (e.g. mutual respect, trust, truthfulness, loyalty, kindness, generosity, sharing interests and experiences, support with problems and difficulties); that the same principles apply to online friendships as to face-to-face relationships	Lesson 1 R6. that a feature of positive family life is caring relationships; about the different ways in which people care for one another	Lesson 1 H7. how regular (daily/weekly) exercise benefits mental and physical health (e.g. walking or cycling to school, daily active mile); recognise opportunities to be physically active and some of the risks associated with an inactive lifestyle	Lesson 1 H39. about hazards (including fire risks) that may cause harm, injury or risk in the home and what they can do reduce risks and keep safe	Lesson 1 L26. that there is a broad range of different jobs/careers that people can have; that people often have more than one career/type of job during their life
	Lesson 2: H28. to identify personal strengths, skills, achievements and interests and how these contribute to a sense of self-worth H29. about how to manage setbacks/perceived failures, including how to re-frame unhelpful thinking	Lesson 2: R14. that healthy friendships make people feel included; recognise when others may feel lonely or excluded; strategies for how to include them	Lesson 2 R5. that people who love and care for each other can be in a committed relationship (e.g. marriage), living together, but may also live apart	Lesson 2 H5. about what good physical health means; how to recognise early signs of physical illness H4. how to recognise that habits can have both positive and negative effects on a healthy lifestyle	Lesson 2 H40. about the importance of taking medicines correctly and using household products safely, (e.g. following instructions carefully)	Lesson 2 L20. to recognise that people make spending decisions based on priorities, needs and wants

	<p>Lesson 3: R31. to recognise the importance of self-respect and how this can affect their thoughts and feelings about themselves; that everyone, including them, should expect to be treated politely and with respect by others (including when online and/or anonymous) in school and in wider society; strategies to improve or support courteous, respectful relationships</p>	<p>Lesson 3: R13. the importance of seeking support if feeling lonely or excluded</p>	<p>Lesson 3 R8. to recognise other shared characteristics of healthy family life, including commitment, care, spending time together; being there for each other in times of difficulty</p>	<p>Lesson 3 H11. how to maintain good oral hygiene (including correct brushing and flossing); why regular visits to the dentist are essential; the impact of lifestyle choices on dental care (e.g. sugar consumption/acidic drinks such as fruit juices, smoothies and fruit teas; the effects of smoking)</p>	<p>Lesson 3 L2. to recognise there are human rights, that are there to protect everyone L3. about the relationship between rights and responsibilities</p>	<p>Lesson 3 L18. to recognise that people have different attitudes towards saving and spending money; what influences people's decisions; what makes something 'good value for money'</p>
	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2

Year 5	<u>Lesson 1:</u> H35 Discussion	Lesson 1: R17 A cake for everyone pg74 5.6	<u>Lesson 1:</u> R24 Big Question Can you be too nice? Pg77	Lesson 1: H10 & H43 Jigsaw <i>Common injuries might include bruises, scalds, burns, bleeds (cuts or nose bleeds). Schools might also choose to teach about how to manage asthma attacks, allergic reactions, a person who is choking or unresponsive. For head injuries, pupils should be taught to seek adult help immediately but not to attempt to move the person</i>	<u>Lesson 1:</u> R33 & L8 Diversity of beliefs and values pg 63 3.12	Lesson 1: R3 Jigsaw
	<u>Lesson 2:</u> H20 Conflict escalator pg 67 4.4 & H22 discussion	Lesson 2: R15 discussion	<u>Lesson 2:</u> R24 Jigsaw & discussion	Lesson 2: H44 discussion	<u>Lesson 2:</u> L5 Jigsaw	Lesson 2: H30 Jigsaw
	<u>Lesson 3:</u> H16 & 8 What do you need? Pg 53 2.6 & discussion	Lesson 3: R19 & R20 Rubbing out language pg61 3.9	<u>Lesson 3:</u> R29 Jigsaw & discussion	Lesson 3: H46 & H47 Jigsaw	<u>Lesson 3:</u> L24, L21 & L29 Jigsaw	Lesson 3: R2 & H26 Jigsaw
	Zones of Regulation lessons 10, 11, 12, 13 in Week 1 & 14, 15, 16	Zones of Regulation lessons 17, 18				
Milestones:						
Lesson 1: H35. about the new opportunities and responsibilities that increasing independence may bring	R17. that friendships have ups and downs; strategies to resolve disputes and reconcile differences positively and safely	Lesson 1: R24. how to respond safely and appropriately to adults they may encounter (in all contexts including online) whom they do not know	Lesson 1: H10. how medicines, when used responsibly, contribute to health; that some diseases can be prevented by vaccinations and immunisations; how allergies can be managed H43. about what is meant by first aid; basic techniques for dealing with common injuries ²	Lesson 1: R33. to listen and respond respectfully to a wide range of people, including those whose traditions, beliefs and lifestyle are different to their own L8. about diversity: what it means; the benefits of living in a diverse community; about valuing diversity within communities	Lesson 1: R3. about marriage and civil partnership as a legal declaration of commitment made by two adults who love and care for each other, which is intended to be lifelong	

<p>Lesson 2: H20. strategies to respond to feelings, including intense or conflicting feelings; how to manage and respond to feelings appropriately and proportionately in different situations H22. to recognise that anyone can experience mental ill health; that most difficulties can be resolved with help and support; and that it is important to discuss feelings with a trusted adult</p>	<p>R15. strategies for recognising and managing peer influence and a desire for peer approval in friendships; to recognise the effect of online actions on others</p>	<p>Lesson 2: R24. how to respond safely and appropriately to adults they may encounter (in all contexts including online) whom they do not know</p>	<p>Lesson 2 H44. how to respond and react in an emergency situation; how to identify situations that may require the emergency services; know how to contact them and what to say</p>	<p>Lesson 2 L5. ways of carrying out shared responsibilities for protecting the environment in school and at home; how everyday choices can affect the environment (e.g. reducing, reusing, recycling; food choices) L19. that people's spending decisions can affect others and the environment (e.g. Fair trade, buying single-use plastics, or giving to charity)</p>	<p>Lesson 2: H30. to identify the external genitalia and internal reproductive organs in males and females and how the process of puberty relates to human reproduction</p>
<p>Lesson 3: H16. about strategies and behaviours that support mental health — including how good quality sleep, physical exercise/time outdoors, being involved in community groups, doing things for others, clubs, and activities, hobbies and spending time with family and friends can support mental health and wellbeing H8. about how sleep contributes to a healthy lifestyle; routines that support good quality sleep; the effects of lack of sleep on the body, feelings, behaviour and ability to learn</p>	<p>R19. about the impact of bullying, including offline and online, and the consequences of hurtful behaviour R20. strategies to respond to hurtful behaviour experienced or witnessed, offline and online (including teasing, name-calling, bullying, trolling, harassment or the deliberate excluding of others); how to report concerns and get support</p>	<p>Lesson 3: R29. where to get advice and report concerns if worried about their own or someone else's personal safety (including online)</p>	<p>Lesson 3 H46. about the risks and effects of legal drugs common to everyday life (e.g. cigarettes, e-cigarettes/vaping, alcohol and medicines) and their impact on health; recognise that drug use can become a habit which can be difficult to break H47. to recognise that there are laws surrounding the use of legal drugs and that some drugs are illegal to own, use and give to others</p>	<p>Lesson 3 L24. to identify the ways that money can impact on people's feelings and emotions L21. different ways to keep track of money L29. that some jobs are paid more than others and money is one factor which may influence a person's job or career choice; that people may choose to do voluntary work which is unpaid</p>	<p>Lesson 3: R2. that people may be attracted to someone emotionally, romantically and sexually; that people may be attracted to someone of the same sex or different sex to them; that gender identity and sexual orientation are different H26. that for some people gender identity does not correspond with their biological sex</p>
Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2

Year 6	<u>Lesson 1:</u> H17 Cola Bottle pg 70 4.9	Lesson 1: R22 All in the imagination pg50 1.13 & use as a starter to get in 'own space' and continue discussion	<u>Lesson 1:</u> L9 recap 'Stereotypes pg 74 5.6' and discussion	Lesson 1: H48 Jigsaw	<u>Lesson 1:</u> L31 & L32 Jigsaw	Lesson 1: H32 H31 Jigsaw
	<u>Lesson 2:</u> H21 & H14 Discussion H24 Anger Jar pg 71 4.10	<u>Lesson 2:</u> R18 Recipe for friendship pg58 3.3 & discussion	<u>Lesson 2:</u> L10 discuss prejudice Goldilocks pg66 4.1 for strategies to respond with	<u>Lesson 2:</u> H49 Jigsaw	<u>Lesson 2:</u> L30 & L27 Stereotypes pg 74 5.6 & discussion	<u>Lesson 2:</u> H33 & H34 Jigsaw
	<u>Lesson 3:</u> R16 Recipe for Friendship pg58 3.3 & discussion	<u>Lesson 3:</u> R21 Stereotypes pg74 5.6	<u>Lesson 3:</u> R34 Big Question: Can you respect someone without agreeing with them? Pg 78	<u>Lesson 3:</u> H50 Jigsaw H12 discussion	<u>Lesson 3:</u> L23 & L22 Jigsaw	<u>Lesson 3:</u> R4 Jigsaw
	Zones of Regulation lessons 10, 11, 12, 13 in Week 1 & 14, 15, 16	Zones of Regulation lessons 17, 18				
	Milestones:					
Lesson 1: H17. to recognise that feelings can change over time and range in intensity	Lesson 1: R22. about privacy and personal boundaries; what is appropriate in friendships and wider relationships (including online)	Lesson 1: L9. about stereotypes; how they can negatively influence behaviours and attitudes towards others; strategies for challenging stereotypes	Lesson 1: H48. about why people choose to use or not use drugs (including nicotine, alcohol and medicines);	Lesson 1: L31. to identify the kind of job that they might like to do when they are older L32. to recognise a variety of routes into careers (e.g. college, apprenticeship, university)	Lesson 1: H32. about how hygiene routines change during the time of puberty, the importance of keeping clean and how to maintain personal hygiene H31. about the physical and emotional changes that happen when approaching and during puberty (including menstruation, key facts about the menstrual cycle and menstrual wellbeing, erections and wet dreams)	

<p>Lesson 2: H21. to recognise warning signs about mental health and wellbeing and how to seek support for themselves and others H14. how and when to seek support, including which adults to speak to in and outside school, if they are worried about their health H24. problem-solving strategies for dealing with emotions, challenges and change</p>	<p>Lesson 2: R18. to recognise if a friendship (online or offline) is making them feel unsafe or uncomfortable; how to manage this and ask for support if necessary</p>	<p>Lesson 2: L10. about prejudice; how to recognise behaviours/actions which discriminate against others; ways of responding to it if witnessed or experienced</p>	<p>Lesson 2: H49. about the mixed messages in the media about drugs, including alcohol and smoking/vaping</p>	<p>Lesson 2: L30. about some of the skills that will help them in their future careers e.g. teamwork, communication and negotiation L27. about stereotypes in the workplace and that a person's career aspirations should not be limited by them</p>	<p>Lesson 2: H33. about the processes of reproduction and birth as part of the human life cycle; how babies are conceived and born (and that there are ways to prevent a baby being made); how babies need to be cared for¹ H34. about where to get more information, help and advice about growing and changing, especially about puberty</p>
<p>Lesson 3: R16. how friendships can change over time, about making new friends and the benefits of having different types of friends</p>	<p>Lesson 3: R21. about discrimination: what it means and how to challenge it</p>	<p>Lesson 3: R34. how to discuss and debate topical issues, respect other people's point of view and constructively challenge those they disagree with</p>	<p>Lesson 3: H50. about the organisations that can support people concerning alcohol, tobacco and nicotine or other drug use; people they can talk to if they have concerns H12. about the benefits of sun exposure and risks of overexposure; how to keep safe from sun damage and sun/heat stroke and reduce the risk of skin cancer</p>	<p>Lesson 3: L23. about the risks involved in gambling; different ways money can be won or lost through gambling-related activities and their impact on health, wellbeing and future aspirations L22. about risks associated with money (e.g. money can be won, lost or stolen) and ways of keeping money safe</p>	<p>Lesson 3: R4. that forcing anyone to marry against their will is a crime; that help and supports available to people who are worried about this for themselves or others</p>

Peacemakers/ PSHE:

- A minimum of **3 times per each half term** (once the Zones of Regulation scheme has been completed use any remaining sessions to cater to the individual needs of the class)
- Please **evidence these lessons in floor books** (you may evidence extra sessions also if you wish but please don't replace).
- pg number and title= Peacemakers book
- Feel free to use Jigsaw for ideas and lesson plans also
- Peacemakers format to be used rather than Jigsaw format.

Jigsaw online details:

jigsaw3-11.com (we are a legacy school)

Username: B295TG

Password: %Jigsaw%



British Values:

Each lesson has been colour coded to identify the corresponding British Value.

- democracy
- the rule of law
- individual liberty
- mutual respect for and tolerance of those with different faiths and beliefs and for those without faith.

Peacemakers book	Jigsaw book
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